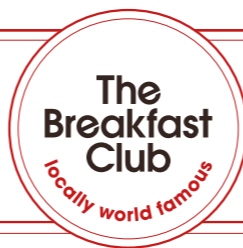


From open – close
BREAKFAST & LUNCH



Today Is Going To Be
A GOOD DAY

EGGS ALL DAY

Choose fried, scrambled, poached or scrambled tahini tumeric tofu (pb)
Served on sourdough toast including two sides. Choose from:

MEAT
CRISPY BACON | PORK & LEEK SAUSAGE | CHORIZO

VEGGIE & VEGAN
FRIED GREEN TOMATOES | SAUTÉED SPINACH | HALOUMI | BC BEANS | AVOCADO
MUSHROOMS | THIS ISN'T PORK SAUSAGE | LA VIE BACON | VEGGIE CHORIZO

POTATOES
HASH BROWNS | HOMESTYLE POTATOES

(Each additional item +2.50)

11.25

PANCAKE PLATES

2 fluffy pancakes, whipped butter & maple syrup.
Includes any two toppings/sides. Choose from:

SWEET

STRAWBERRIES
BLUEBERRY COMPOTE
VANILLA CREAM
CHOCOLATE GANACHE
CARAMELISED PEACHES

SAVOURY

CRISPY BACON
LA VIE BACON
PORK & LEEK SAUSAGE
THIS ISN'T PORK SAUSAGE
HASH BROWNS
HOMESTYLE POTATOES
EGG



(Each additional item +2.50)

10.25

AVOCADO TOAST PLATES

Smashed avocado, mojo picon, pico de gallo & spring onion
Served on sourdough toast including two sides. Choose from:
(Each additional item +2.50)

MEAT
CRISPY BACON | PORK & LEEK SAUSAGE | CHORIZO

VEGGIE & VEGAN
EGG | FRIED GREEN TOMATOES | SAUTÉED SPINACH | HALOUMI | BC BEANS
MUSHROOMS | THIS ISN'T PORK SAUSAGE | LA VIE BACON | VEGGIE CHORIZO

POTATOES
HASH BROWNS | HOMESTYLE POTATOES

Just Smashed Avo & Mojo Picon Toast? 10.00



13.25

Rise & Shine
FROM OPEN TILL 12

Smaller plates to satisfy your everyday
breakfast cravings

**Passion fruit, Granola
& Coconut Yoghurt (pb)** 5.75
Coconut yoghurt, honey & nut granola & passion-fruit

French Toast Dip (v) 6.00
French toast fingers (eggy bread) with maple syrup
or chocolate dip
Add Crispy Bacon 2.50

Blueberry Pancakes (v or pb available) 7.75
2 pancakes, whipped butter & maple syrup

Bacon Sandwich 5.25
Back bacon in toasted white loaf
Add Egg 1.50

Sausage Sandwich 5.25
Two delicious pork & leek bangers in toasted white loaf
Add Egg 1.50

Breakfast Sandwiches

Add two hash browns or
homestyle potatoes for 3.00
with any sandwich



TBC Breakfast Burger 10.25
A sausage patty with crispy bacon, American cheese,
fried egg & ketchup

Avo, Egg & Cheese (v) 10.25
Chopped avocado, 2 egg omelette, sunblush tomatoes,
aged Red Leicester, caramelised onion and a chipotle &
harissa mayo
Add Crispy Bacon 2.50 Add Veggie Chorizo 2.50

Club Classics

Huevos Rancheros (v) 12.25
Fried eggs, grilled quesadilla filled with Red Leicester
cheese & topped with a chipotle and tomato sauce, black
beans, avocado, sour cream, pico de gallo, roasted
jalapeños & coriander
Add Chorizo 2.50 Add Veggie Chorizo 2.50
Add Fried Chicken 3.00 Add Haloumi 2.50

Bean Shakshouka & Avo Toast (v) 13.75
Poached eggs in a thick harissa, bean, tomato and pepper
sauce with sliced avo toast for dipping
PB available with no poached eggs 12.00
Add Chorizo 2.50 | Add Haloumi 2.50

Fried Chicken, Bacon & Waffles 14.75
Freshly baked buttermilk waffle, golden panko chicken
breast, crispy bacon, fried egg & gravy

Smoked Salmon & Scrambled Eggs . 14.75
Soft scrambled eggs & Scottish smoked salmon on
buttered sourdough toast with lemon, sea salt &
cracked black pepper

Chorizo & Egg Hash 9.50
Chorizo, crispy potatoes, spring onion, pink pickled
onions, topped with a fried egg

Pancakes

The All American (v available) 17.20
The dish that made us famous (D-list celebrity famous)
Pancakes, bacon, a 'not so' American proper British
sausage, homestyle potatoes, fried eggs & maple syrup

Pancakes, Cream & Berries 14.50
Locally world famous pancakes, fresh berries, lemon
& vanilla cream with maple syrup

Big Stack 16.50
Triple stack of pancakes, crispy bacon, hash browns,
sausage patty, cheese, caramelised onions & a fried egg

**Blueberry Pancakes
& Bacon (v or pb available)** 14.75
3 pancakes, 3 bacon, whipped butter & maple syrup

Caf Classics

The Full Monty 17.20
Bacon, sausage, crispy homestyle potatoes, portobello
mushrooms, hash browns, black pudding, homemade BC
beans, roasted cherry vine tomatoes, eggs & toast

The Greasy Spoon 14.25
3 crispy bacon, 2 sausage, 2 hash brown, 2 fried
eggs & beans Add toast 1.00

Veggie Spoon (v) 14.75
2 veggie sausages, sautéed spinach, mushrooms, roasted
cherry tomatoes, house-made BC beans, homestyle
potatoes & a fried egg (pb available with scrambled tofu)
Add toast 1.00

Benedicts

Add two hash browns or homestyle potatoes
for 3.00 with any benedict

Eggs Benedict (v available) 13.00
Crispy bacon, poached eggs & hollandaise on a toasted
English muffin

Eggs Florentine (v) 12.75
Sautéed spinach, poached eggs & hollandaise on a
toasted English muffin Add Smoked Salmon 4.00

Grand Royale 16.50
Smoked salmon, rocket, poached eggs & tartare
hollandaise on a toasted English muffin



The humble egg. So wonderful when done right, so easy to
get wrong.

Let's start with the age old question, what came first, the
Chicken or the Egg? Our eggs are hand-picked and come
from **multi award-winning St Ewe**, the Tonks family
owned farm in Cornwall where the hens roam free as a
(flightless) bird. The welfare of the hens (chickens) definitely
comes first. If hens did spa weekends, this would be it.

Scan here for calories or
just trust your instinct



Lunch Club Classics

FROM 12PM

The Breakfast Club 'Club' 9.25
Grilled chicken breast, crispy bacon, fried green tomatoes,
chopped lettuce & tomato mayo in toasted white bread

Chicken Schnitzel Wrap 9.25
Golden panko chicken breast, mojo picon, spinach, sun-dried
tomatoes, fried green tomatoes, hummus & balsamic glaze

When Haloumi Met Salad Wrap (v) 9.25
Grilled haloumi, spinach, sun-dried tomatoes, fried green
tomatoes, mojo picon, hummus & balsamic glaze

Mr Big Chicken 10.25
Golden panko chicken breast, smashed brown, American
cheese, pickles, lettuce & chipotle mayo in a brioche bun
Add Crispy Bacon 2.50

Cheeseburger 9.75
Our greatest ever cheeseburger in a brioche bun with
caramelised onions, mustard, ketchup, lettuce & pickles
Add Crispy Bacon 2.50

Caesar Salad 6.00/11.25
Arguably the greatest salad ever invented. Ours is a classic,
with some added fried capers & cherry tomatoes. The Caesar
Salad main comes served with grilled chicken breast

LUNCH CLUB COMBO

12.25

Any Lunch Club Classic sandwich
or wrap or burger with a Caesar Side Salad
or Fries or Homestyle Potatoes

Please inform your server of any allergies or intolerances
before you order.

Unfortunately, it is not possible to guarantee that any product
is 100% free from any allergen due to the risk of cross
contamination in our busy kitchens.

Food For Sharing

Chocolicious Pancake Balls (v) 6.75
Mini doughnut style fried pancake balls, vanilla sugar,
served with a warm dark chocolate ganache

Blueberry Pancakes (v or pb) 10.25
3 blueberry pancakes & maple syrup

French Toast Dip (v) 6.00
French toast fingers (eggy bread) with maple syrup or
chocolate dip Add Crispy Bacon 2.50

Hash Browns & Dips (v)
6 hash browns & 2 dips 7.25
9 hash browns & 3 dips 9.25
Chipotle Ketchup | Cheese Sauce
Chipotle & Harissa Mayo | Mojo Picon

Potatoes 5-ways

Fries (pb) 4.25

Harissa Cheese Fries 5.25

Homestyle Potatoes (pb) 4.25

Mojo Picon Potatoes (pb) 5.25
Homestyle potatoes in a red pepper & garlic sauce

Hash Browns (pb) 5.25
With chipotle ketchup

Sides & Add-ons

Fried Green Tomatoes (v) 4.00
With chipotle mayo

Fresh Berries (pb) 4.25

Caesar Salad 6.00

Chunky Avocado (pb) 4.25
With pico de gallo

Sautéed Spinach (pb) 3.00

Crispy Bacon 2.50

Haloumi (v) 2.50

House-made BC Beans (pb) 4.25

Toast (pb) 1.00

PLANT BASED OPTIONS

You'll see a few references to vegan replacements on
bacon, eggs and chorizo on this menu.

Our 'made in house' (not in a factory) **chorizo** has all
the flavours, none of the meat. With sundried tomatoes,
soya, smoked paprika, garlic, cumin & lemon. Trust us
when we say this 'stand on it's own two feet' tasty bit of
food. Not just for the veggies and vegans.

Not a fan of eggs? We've got a delicious tahini and
turmeric based **scrambled tofu**.

This Isn't Pork Sausage, the classic breakfast banger
with none of the meat.

Then finally **La Vie Bacon**, in our humble opinion the
best 'non bacon' bacon out there.