

From open - 12pm
BREAKFAST MENU



Today Is Going To Be
A GOOD DAY

EGGS ALL DAY

Choose fried, scrambled, poached or scrambled tahini tumeric tofu (pb)
Served on sourdough toast & includes two sides. Choose from:

MEAT
CRISPY BACON | PORK & LEEK SAUSAGE | CHORIZO

VEGGIE & VEGAN
FRIED GREEN TOMATOES | SAUTÉED SPINACH | HALOUMI | BC BEANS | AVOCADO MUSHROOMS | THIS ISN'T PORK SAUSAGE | LA VIE BACON | VEGGIE CHORIZO

POTATOES
HASH BROWNS | HOMESTYLE POTATOES

(Each additional item +2.50)

PANCAKE PLATES

2 fluffy pancakes, whipped butter & maple syrup.
Includes any two toppings/sides. Choose from:

SWEET	SAVOURY
STRAWBERRIES	CRISPY BACON / LA VIE BACON
BLUEBERRY COMPOTE	PORK & LEEK SAUSAGE
VANILLA CREAM	THIS ISN'T PORK SAUSAGE
CHOCOLATE GANACHE	EGG
CARAMELISED PEACHES	HASH BROWNS
	HOMESTYLE POTATOES



(Each additional item +2.50)

AVOCADO TOAST PLATES

Smashed avocado, mojo picon, pico de gallo & spring onion
Served on sourdough toast including two sides. Choose from:
(Each additional item +2.50)

MEAT
CRISPY BACON | PORK & LEEK SAUSAGE | CHORIZO

VEGGIE & VEGAN
EGG | FRIED GREEN TOMATOES | SAUTÉED SPINACH | HALOUMI | BC BEANS MUSHROOMS | THIS ISN'T PORK SAUSAGE | LA VIE BACON | VEGGIE CHORIZO

POTATOES
HASH BROWNS | HOMESTYLE POTATOES

Just Smashed Avo & Mojo Picon Toast? 10.00



**BECOMING THE NATION'S
BEST LOVED CAF**

**The Breakfast Club
Get-Togethers**

The problem with a place like The Breakfast Club with its oat flat whites and avocado toast is it can feel quite intimidating to your average 85 year old Islington pensioner. Our 'get togethers' are events held across The Breakfast Club where we host local community groups in our cafes for tea, cake and a Prosecco or two! It's a social occasion that brings people together who often live alone and helps them build deep lasting relationships with each other and with our team.

Our team lead the events and spend a couple of hours eating, drinking and chatting with groups of older people from all walks of life local to our cafes. Whether it's Islington Pensioners or the older LGBTQIA+ community right here in Soho.



There's our annual Christmas knees up for turkey, party frocks, carol singing and a few risqué party games. Age is not a barrier to a filthy sense of humour.

This is a community program with depth, substance and heart. It's integral to our mission to become **The Nation's Best Loved Caf.**

Rise & Shine
FROM OPEN TILL 10AM

Smaller plates to satisfy your everyday breakfast cravings

Passion fruit, Granola & Coconut Yoghurt (PB)
Coconut yoghurt, honey & nut granola & passion-fruit

French Toast Dip (v)
French toast fingers (eggy bread) with maple syrup or chocolate dip
Add Crispy Bacon 2.50

Blueberry Pancakes (v or pb available)
2 pancakes, whipped butter & maple syrup

Toasted Pecan Banana Bread, Caramelised Peaches & Yoghurt (v)
Toasted with butter & topped with caramelised peaches, yoghurt & honey & nut granola
On it's own 3.50

Breakfast Sandwiches

Add two hash browns or homestyle potatoes for 3.00 with any sandwich



TBC Breakfast Burger
A sausage patty with crispy bacon, American cheese, fried egg & ketchup

Avo, Egg & Cheese (v)
Chopped avocado, 2 egg omelette, sunblush tomatoes, aged Red Leicester, caramelised onion and a chipotle & harissa mayo
Add Crispy Bacon 2.50 Add Veggie Chorizo 2.50

Scan here to leave feedback.
The good, the bad & the ugly



Scan here for calories or
just trust your instinct



Club Classics

Huevos Rancheros (v)
Fried eggs, grilled quesadilla filled with Red Leicester cheese & topped with a chipotle and tomato sauce, black beans, avocado, sour cream, pico de gallo, roasted jalapeños & coriander
Add Chorizo 2.50 Add Veggie Chorizo 2.50
Add Fried Chicken 3.00 Add Haloumi 2.50

Bean Shakshouka & Avo Toast (v)
Poached eggs in a thick harissa, bean, tomato and pepper sauce with sliced avo toast for dipping
PB available with no poached eggs 12.00
Add Chorizo 2.50 | Add Haloumi 2.50

Fried Chicken, Bacon & Waffles
Freshly baked buttermilk waffle, golden panko chicken breast, crispy bacon, fried egg & gravy

Smoked Salmon & Scrambled Eggs
Soft scrambled eggs & Scottish smoked salmon on buttered sourdough toast with lemon, sea salt & cracked black pepper

Chorizo & Egg Hash
Chorizo, crispy potatoes, spring onion, pink pickled onions, topped with a fried egg

Benedicts

Add two hash browns or homestyle potatoes for 3.00 with any benedict

Eggs Benedict (v available)
Crispy bacon, poached eggs & hollandaise on a toasted English muffin

Eggs Florentine (v)
Sautéed spinach, poached eggs & hollandaise on a toasted English muffin Add Smoked Salmon 4.00

Grand Royale
Smoked salmon, rocket, poached eggs & tartare hollandaise on a toasted English muffin

Please inform your server of any allergies or intolerances before you order.

Unfortunately, it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our kitchens.

Pancakes

The All American (v available)
The dish that made us famous (D-list celebrity famous) Pancakes, bacon, a 'not so' American proper British sausage, homestyle potatoes, fried eggs & maple syrup

Pancakes, Cream & Berries
Locally world famous pancakes, fresh berries, lemon & vanilla cream with maple syrup

Big Stack
Triple stack of pancakes, crispy bacon, hash browns, sausage patty, cheese, caramelised onions & a fried egg

Blueberry Pancakes & Bacon (v or pb available)
3 pancakes, 3 bacon, whipped butter & maple syrup

Caf Classics

The Full Monty
Bacon, sausage, crispy homestyle potatoes, portobello mushrooms, hash browns, black pudding, homemade BC beans, roasted cherry vine tomatoes, eggs & toast

The Greasy Spoon
3 crispy bacon, 2 sausage, 2 hash brown, 2 fried eggs & beans Add Toast 1.00

Veggie Spoon (v)
2 veggie sausages, sautéed spinach, mushrooms, roasted cherry tomatoes, house-made BC beans, homestyle potatoes & a fried egg (pb available with scrambled tofu)
Add Toast 1.00



The humble egg. So wonderful when done right, so easy to get wrong.

Let's start with the age old question, what came first, the Chicken or the Egg? Our eggs are hand-picked and come from **multi award-winning St Ewe**, the Tonks family owned farm in Cornwall where the hens roam free as a (flightless) bird. The welfare of the hens (chickens) definitely comes first. If hens did spa weekends, this would be it.

Food For Sharing

Chocolicious Pancake Balls (v)
Mini doughnut style fried pancake balls, vanilla sugar, served with a warm dark chocolate ganache

Blueberry Pancakes (v or pb)
3 blueberry pancakes & maple syrup

French Toast Dip (v)
French toast fingers (eggy bread) with maple syrup or chocolate dip Add Crispy Bacon 2.50

Hash Browns & Dips (v)
6 hash browns & 2 dips
9 hash browns & 3 dips
Chipotle Ketchup | Cheese Sauce
Chipotle & Harissa Mayo | Mojo Picon

Potatoes 5-ways

Fries (pb)

Harissa Cheese Fries

Homestyle Potatoes (pb)

Mojo Picon Potatoes (pb)
Homestyle potatoes in a red pepper & garlic sauce

Hash Browns (pb)
With chipotle ketchup

Sides & Add-ons

Fried Green Tomatoes (v)
With chipotle mayo

Fresh Berries (pb)

Caesar Salad

Chunky Avocado (pb)
With pico de gallo

Sautéed Spinach (pb)

Crispy Bacon

Haloumi (v)

House-made BC Beans (pb)

Toast (pb)

PLANT BASED OPTIONS

You'll see a few references to vegan replacements on bacon, eggs and chorizo on this menu.

Our 'made in house' (not in a factory) **chorizo** has all the flavours, none of the meat. With sundried tomatoes, soya, smoked paprika, garlic, cumin & lemon. Trust us when we say this a 'stand on it's own two feet' tasty bit of food. Not just for the veggies and vegans.

Not a fan of eggs? We've got a delicious tahini and turmeric based **scrambled tofu**.

This Isn't Pork Sausage, the classic breakfast banger with none of the meat.

Then finally **La Vie Bacon**, in our humble opinion the best 'non bacon' bacon out there.