

# From open - 12pm BREAKFAST MENU



# Today Is Going To Be A GOOD DAY

## EGGS ALL DAY

Choose fried, scrambled, poached or scrambled tahini tumeric tofu (pb)  
Served on sourdough toast & includes two sides. Choose from:

### MEAT

CRISPY BACON | PORK & LEEK SAUSAGE | CHORIZO

### VEGGIE & VEGAN

FRIED GREEN TOMATOES | SAUTÉED SPINACH | HALOUMI | BC BEANS | AVOCADO  
MUSHROOMS | THIS ISN'T PORK SAUSAGE | LA VIE BACON | VEGGIE CHORIZO

### POTATOES

HASH BROWNS | HOMESTYLE POTATOES

(Each additional item +2.50)

14.00

## PANCAKE PLATES

2 fluffy pancakes, whipped butter & maple syrup.  
Includes any two toppings/sides. Choose from:

### SWEET

STRAWBERRIES

BLUEBERRY COMPOTE

VANILLA CREAM

CHOCOLATE GANACHE

CARAMELISED PEACHES

(Each additional item +2.50)

### SAVOURY

CRISPY BACON / LA VIE BACON

PORK & LEEK SAUSAGE

THIS ISN'T PORK SAUSAGE

EGG

HASH BROWNS

HOMESTYLE POTATOES



13.00

## AVOCADO TOAST PLATES

Smashed avocado, mojo picon, pico de gallo & spring onion  
Served on sourdough toast including two sides. Choose from:  
(Each additional item +2.50)

### MEAT

CRISPY BACON | PORK & LEEK SAUSAGE | CHORIZO

### VEGGIE & VEGAN

EGG | FRIED GREEN TOMATOES | SAUTÉED SPINACH | HALOUMI | BC BEANS  
MUSHROOMS | THIS ISN'T PORK SAUSAGE | LA VIE BACON | VEGGIE CHORIZO

### POTATOES

HASH BROWNS | HOMESTYLE POTATOES

Just Smashed Avo & Mojo Picon Toast? 10.00



15.00

## BECOMING THE NATION'S BEST LOVED CAF

### The Breakfast Club Get-Togethers

The problem with a place like The Breakfast Club with its oat flat whites and avocado toast is it can feel quite intimidating to your average 85 year old Islington pensioner. Our 'get togethers' are events held across The Breakfast Club where we host local community groups in our cafs for tea, cake and a Prosecco or two! It's a social occasion that brings people together who often live alone and helps them build deep lasting relationships with each other and with our team.

Our team lead the events and spend a couple of hours eating, drinking and chatting with groups of older people from all walks of life local to our cafs. Whether it's Islington Pensioners or the older LGBTQIA+ community right here in Soho.



There's our annual Christmas knees up for turkey, party frocks, carol singing and a few risqué party games. Age is not a barrier to a filthy sense of humour.

This is a community program with depth, substance and heart. It's integral to our mission to become **The Nation's Best Loved Caf.**

## Pancakes

**The All American** (v available) ..... 17.00

The dish that made us famous (D-list celebrity famous) Pancakes, bacon, a 'not so' American proper British sausage, homestyle potatoes, fried eggs & maple syrup

**Pancakes, Cream & Berries** ..... 14.50

Locally world famous pancakes, fresh berries, lemon & vanilla cream with maple syrup

**Big Stack** ..... 16.50

Triple stack of pancakes, crispy bacon, hash browns, sausage patty, cheese, caramelised onions & a fried egg

**Blueberry Pancakes & Bacon** (v or pb available) ..... 14.50

3 pancakes, 3 bacon, whipped butter & maple syrup

## Breakfast Sandwiches

Add two hash browns or homestyle potatoes for 3.00 with any sandwich



**TBC Breakfast Burger** ..... 10.00

A sausage patty with crispy bacon, American cheese, fried egg & ketchup

**Avo, Egg & Cheese** (v) ..... 10.00

Chopped avocado, 2 egg omelette, sunblush tomatoes, aged Red Leicester, caramelised onion and a chipotle & harissa mayo

Add Crispy Bacon 2.50 Add Veggie Chorizo 2.50

Please inform your server of any allergies or intolerances before you order.

Unfortunately, it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our kitchens.

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The good, the bad & the ugly



Scan here for calories or  
just trust your instinct



## Benedicts

Add two hash browns or homestyle potatoes for 3.00 with any benedict

**Eggs Benedict** (v available) ..... 13.50

Crispy bacon, poached eggs & hollandaise on a toasted English muffin

**Eggs Florentine** (v) ..... 12.50

Sautéed spinach, poached eggs & hollandaise on a toasted English muffin Add Smoked Salmon 4.00

**Grand Royale** ..... 16.50

Smoked salmon, rocket, poached eggs & tartare hollandaise on a toasted English muffin

## Club Classics

**Huevos Rancheros** (v) ..... 13.00

Fried eggs, grilled quesadilla filled with Red Leicester cheese & topped with a chipotle and tomato sauce, black beans, avocado, sour cream, pico de gallo, roasted jalapeños & coriander

Add Chorizo 2.50 Add Veggie Chorizo 2.50

Add Fried Chicken 3.00 Add Haloumi 2.50

**Bean Shakshouka & Avo Toast** (v) ..... 14.00

Poached eggs in a thick harissa, bean, tomato and pepper sauce with sliced avo toast for dipping

PB available with no poached eggs 12.00

Add Chorizo 2.50 | Add Haloumi 2.50

**Fried Chicken, Bacon & Waffles** ..... 15.00

Freshly baked buttermilk waffle, golden panko chicken breast, crispy bacon, fried egg & gravy

**Smoked Salmon & Scrambled Eggs** . 14.50

Soft scrambled eggs & Scottish smoked salmon on buttered sourdough toast with lemon, sea salt & cracked black pepper

**Chorizo & Egg Hash** ..... 10.00

Chorizo, crispy potatoes, spring onion, pink pickled onions, topped with a fried egg

## Caf Classics

**The Full Monty** ..... 17.50

Bacon, sausage, crispy homestyle potatoes, portobello mushrooms, hash browns, black pudding, homemade BC beans, roasted cherry vine tomatoes, eggs & toast

**The Greasy Spoon** ..... 14.50

3 crispy bacon, 2 sausage, 2 hash brown, 2 fried eggs & beans Add Toast 1.00

**Veggie Spoon** (v) ..... 14.50

2 veggie sausages, sautéed spinach, mushrooms, roasted cherry tomatoes, house-made BC beans, homestyle potatoes & a fried egg (pb available with scrambled tofu)

Add Toast 1.00

## Food For Sharing

**Chocolicious Pancake Balls** (v) ..... 6.50

Mini doughnut style fried pancake balls, vanilla sugar, served with a warm dark chocolate ganache

**Blueberry Pancakes** (v or pb) ..... 10.00

3 blueberry pancakes & maple syrup

**French Toast Dip** (v) ..... 5.75

French toast fingers (eggy bread) with maple syrup or chocolate dip Add Crispy Bacon 2.50

**Hash Browns & Dips** (v)

6 hash browns & 2 dips ..... 7.00

9 hash browns & 3 dips ..... 9.00

Chipotle Ketchup | Cheese Sauce

Chipotle & Harissa Mayo | Mojo Picon



## A GOOD EGG



The humble egg. So wonderful when done right, so easy to get wrong.

Let's start with the age old question, what came first, the Chicken or the Egg? Our eggs are hand-picked and come from multi award-winning St Ewe, the Tonks family owned farm in Cornwall where the hens roam free as a (flightless) bird. The welfare of the hens (chickens) definitely comes first. If hens did spa weekends, this would be it.

## Potatoes 5-ways

**Fries** (pb) ..... 4.25

**Harissa Cheese Fries** ..... 5.25

**Homestyle Potatoes** (pb) ..... 4.25

**Mojo Picon Potatoes** (pb) ..... 5.25

Homestyle potatoes in a red pepper & garlic sauce

**Hash Browns** (pb) ..... 5.25

With chipotle ketchup

## Sides & Add-ons

**Fried Green Tomatoes** (v) ..... 4.00

With chipotle mayo

**Fresh Berries** (pb) ..... 4.25

**Caesar Salad** ..... 6.00

**Chunky Avocado** (pb) ..... 4.25

With pico de gallo

**Sautéed Spinach** (pb) ..... 3.00

**Crispy Bacon** ..... 2.50

**Haloumi** (v) ..... 2.50

**House-made BC Beans** (pb) ..... 4.25

**Toast** (pb) ..... 1.00

## PLANT BASED OPTIONS

You'll see a few references to vegan replacements on bacon, eggs & chorizo on this menu.

Our 'made in house' (not in a factory) **chorizo** has all the flavours, none of the meat. With sundried tomatoes, soya, smoked paprika, garlic, cumin & lemon. Trust us when we say this a 'stand on it's own two feet' tasty bit of food. Not just for the veggies and vegans.

Not a fan of eggs? We've got a delicious tahini and turmeric based **scrambled tofu**.

**This Isn't Pork Sausage**, the classic breakfast banger with none of the meat.

Then finally **La Vie Bacon**, in our humble opinion the best 'non bacon' bacon out there.