

From open - 12pm  
**BREAKFAST MENU**



Today Is Going To Be  
**A GOOD DAY**

**EGGS ALL DAY**

Choose fried, scrambled, poached or scrambled tahini tumeric tofu (pb)  
Served on sourdough toast including two sides. Choose from:

**MEAT**  
CRISPY BACON | PORK & LEEK SAUSAGE | CHORIZO

**VEGGIE & VEGAN**  
FRIED GREEN TOMATOES | SAUTÉED SPINACH | HALOUMI | BC BEANS | AVOCADO  
MUSHROOMS | THIS ISN'T PORK SAUSAGE | LA VIE BACON | VEGGIE CHORIZO

**POTATOES**  
HASH BROWNS | HOMESTYLE POTATOES

(Each additional item +2.50)

**12.50**

**PANCAKE PLATES**

2 fluffy pancakes, whipped butter & maple syrup.  
Includes any two toppings/sides. Choose from:

**SWEET**

STRAWBERRIES  
BLUEBERRY COMPOTE  
VANILLA CREAM  
CHOCOLATE GANACHE  
CARAMELISED PEACHES

**SAVOURY**

CRISPY BACON / LA VIE BACON  
PORK & LEEK SAUSAGE  
THIS ISN'T PORK SAUSAGE  
EGG  
HASH BROWNS  
HOMESTYLE POTATOES



(Each additional item +2.50)

**11.50**

**AVOCADO TOAST PLATES**

Smashed avocado, mojo picon, pico de gallo & spring onion  
Served on sourdough toast including two sides. Choose from:  
(Each additional item +2.50)

**MEAT**  
CRISPY BACON | PORK & LEEK SAUSAGE | CHORIZO

**VEGGIE & VEGAN**  
EGG | FRIED GREEN TOMATOES | SAUTÉED SPINACH | HALOUMI | BC BEANS  
MUSHROOMS | THIS ISN'T PORK SAUSAGE | LA VIE BACON | VEGGIE CHORIZO

**POTATOES**  
HASH BROWNS | HOMESTYLE POTATOES

Just Smashed Avo & Mojo Picon Toast? 10.00



**14.00**

**Rise & Shine**  
FROM OPEN TILL 10AM

Smaller plates to satisfy your everyday breakfast cravings

**Passion Fruit, Granola & Coconut Yoghurt (PB)** ..... 5.50  
Coconut yoghurt, honey & nut granola & passion-fruit

**French Toast Dip (v)** ..... 5.75  
French toast fingers (eggy bread) with maple syrup or chocolate dip  
Add Crispy Bacon 2.50

**Blueberry Pancakes (v or pb available)** ..... 7.50  
2 pancakes, whipped butter & maple syrup

**Toasted Pecan Banana Bread, Caramelised Peaches & Yoghurt (v)** ..... 6.50  
Toasted with butter & topped with caramelised peaches, yoghurt & honey & nut granola  
On it's own 3.50

**Breakfast Sandwiches**

Add two hash browns or homestyle potatoes for 3.00 with any sandwich



**TBC Breakfast Burger** ..... 10.00  
A sausage patty with crispy bacon, American cheese, fried egg & ketchup

**Avo, Egg & Cheese (v)** ..... 10.00  
Chopped avocado, 2 egg omelette, sunblush tomatoes, aged Red Leicester, caramelised onion and a chipotle & harissa mayo

Scan here to leave feedback.  
The good, the bad & the ugly



Scan here for calories or just trust your instinct



**Club Classics**

**Huevos Rancheros (v available)** ..... 13.00  
Fried eggs, grilled quesadilla filled with Red Leicester cheese & topped with a chipotle and tomato sauce, black beans, avocado, sour cream, pico de gallo, roasted jalapeños & coriander  
Add Chorizo 2.50 Add Veggie Chorizo 2.50  
Add Fried Chicken 3.00 Add Haloumi 2.50

**Bean Shakshouka & Avo Toast (v)** ..... 13.50  
Poached eggs in a thick harissa, bean, tomato and pepper sauce with sliced avo toast for dipping  
PB available with no poached eggs 11.50  
Add Chorizo 2.50 | Add Haloumi 2.50

**Fried Chicken, Bacon & Waffles** ..... 14.50  
Freshly baked buttermilk waffle, golden panko chicken breast, crispy bacon, fried egg & gravy

**Smoked Salmon & Scrambled Eggs** . 14.50  
Soft scrambled eggs & Scottish smoked salmon on buttered sourdough toast with lemon, sea salt & cracked black pepper

**Chorizo & Egg Hash** ..... 10.00  
Chorizo, crispy potatoes, spring onion, pink pickled onions, topped with a fried egg

**Benedicts**

Add two hash browns or homestyle potatoes for 3.00 with any benedict

**Eggs Benedict (v available)** ..... 13.25  
Crispy bacon, poached eggs & hollandaise on a toasted English muffin

**Eggs Florentine (v)** ..... 12.50  
Sautéed spinach, poached eggs & hollandaise on a toasted English muffin Add Smoked Salmon 4.00

**Grand Royale** ..... 16.25  
Smoked salmon, rocket, poached eggs & tartare hollandaise on a toasted English muffin

Please inform your server of any allergies or intolerances before you order.

Unfortunately, it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our kitchens.

**Pancakes**

**Pancakes, Cream & Berries** ..... 14.25  
Locally world famous pancakes, fresh berries, lemon & vanilla cream with maple syrup

**Blueberry Pancakes (v or pb available)** ..... 10.00  
3 pancakes, whipped butter & maple syrup  
Add Crispy Bacon 2.50 | Add Vanilla Cream 2.50

**Big Stack** ..... 16.25  
Triple stack of pancakes, crispy bacon, hash browns, sausage patty, cheese, caramelised onions & a fried egg

**The All American (v available)** ..... 16.95  
The dish that made us famous (D-list celebrity famous)  
Pancakes, bacon, a 'not so' American proper British sausage, homestyle potatoes, fried eggs & maple syrup

**Caf Classics**

**The Full Monty** ..... 16.95  
Bacon, sausage, crispy homestyle potatoes, portobello mushrooms, hash browns, black pudding, homemade BC beans, roasted cherry vine tomatoes, eggs & toast

**The Greasy Spoon** ..... 14.00  
3 crispy bacon, 2 sausage, 2 hash brown, 2 fried eggs & beans Add Toast 1.00

**Veggie Spoon (v)** ..... 14.50  
2 veggie sausages, sautéed spinach, mushrooms, roasted cherry tomatoes, house-made BC beans, homestyle potatoes & a fried egg (pb available with scrambled tofu)  
Add Toast 1.00

**Brekky #1** ..... 10.00  
1 sausage, 2 crispy bacon, 1 fried egg, 2 hash browns, beans & toast



The humble egg. So wonderful when done right, so easy to get wrong.

Let's start with the age old question, what came first, the Chicken or the Egg? Our eggs are hand-picked and come from multi award-winning St Ewe, the Tonks family owned farm in Cornwall where the hens roam free as a (flightless) bird. The welfare of the hens (chickens) definitely comes first. If hens did spa weekends, this would be it.

**Potatoes 5-ways**

**Fries (pb)** ..... 4.25

**Harissa Cheese Fries** ..... 5.25

**Homestyle Potatoes (pb)** ..... 4.25

**Mojo Picon Potatoes (pb)** ..... 5.25  
Homestyle potatoes in a red pepper & garlic sauce

**Hash Browns (pb)** ..... 5.25  
With chipotle ketchup

**Sides & Add-ons**

**Fried Green Tomatoes (v)** ..... 4.00  
With chipotle mayo

**Fresh Berries (pb)** ..... 4.25

**Chunky Avocado (pb)** ..... 4.25  
With pico de gallo

**Sautéed Spinach (pb)** ..... 3.00

**House-made BC Beans (pb)** ..... 4.25

**Toast (pb)** ..... 1.00

**Food For Sharing**

**Chocolicious Pancake Balls (v)** ..... 6.50  
Mini doughnut style fried pancake balls, with vanilla sugar served & a warm dark chocolate ganache

**French Toast Dip (v)** ..... 5.75  
French toast fingers (eggy bread) with maple syrup or chocolate dip Add Crispy Bacon 2.50

**Hash Browns & Dips (v)** ..... 7.00  
6 hash browns & 2 dips ..... 7.00  
9 hash browns & 3 dips ..... 9.00  
Chipotle Ketchup| Cheese Sauce| Chipotle & Harissa Mayo  
Mojo Picon

**BECOMING THE NATION'S BEST LOVED CAF**

**The Breakfast Club Get-Togethers**

The problem with a place like The Breakfast Club with it's oat flat whites and avocado toast is it can feel quite intimidating to your average 85 year old Islington pensioner. Our 'get togethers' are events held across The Breakfast Club where we host local community groups in our cafes for tea, cake and a Prosecco or two! It's a social occasion that brings people together who often live alone and helps them build deep lasting relationships with each other and with our team.

Our team lead the events and spend a couple of hours eating, drinking and chatting with groups of older people from all walks of life local to our cafes. Whether it's Islington Pensioners or the older LGBTQIA+ community right here in Soho.



There's our annual Christmas knees up for turkey, party frocks, carol singing and a few risqué party games. Age is not a barrier to a filthy sense of humour.

This is a community program with depth, substance and heart. It's integral to our mission to become **The Nation's Best Loved Caf.**

**PLANT BASED OPTIONS**

You'll see a few references to vegan replacements on bacon, eggs and chorizo on this menu.

Our 'made in house' (not in a factory) **chorizo** has all the flavours, none of the meat. With sundried tomatoes, soya, smoked paprika, garlic, cumin & lemon. Trust us when we say this a 'stand on it's own two feet' tasty bit of food. Not just for the veggies and vegans.

Not a fan of eggs? We've got a delicious tahini and turmeric based **scrambled tofu**.

**This Isn't Pork Sausage**, the classic breakfast banger with none of the meat.

Then finally **La Vie Bacon**, in our humble opinion the best 'non bacon' bacon out there.