#### From open - 11am

## **BREAKFAST**



2.50

9.75





#### Today Is Going To Be

## A GOOD DAY

## Rise & Shine

Smaller plates to satisfy your everyday breakfast cravings

## Toasted Banana Bread &

Coconut Yoghurt (v) 497 kcal......6.50

Banana  $\ensuremath{\mathcal{B}}$  pecan bread topped with caramelised banana, granola and coconut yoghurt

#### Cinnamon & Maple

With oat milk, blueberry compote  $\operatorname{\mathcal{E}}$  pumpkin seeds

#### 

Coconut yoghurt, toasted oats topped with fresh strawberries, blueberries, raspberries, raspberry coulis and maple syrup

### **Deep-Fried Chocolicious**

Pancake Balls (v) 726 kcal......6.50

Mini doughnut style fried pancake balls, dusted in vanilla sugar served with a warm dark chocolate ganache

## **Pancakes**

#### 

The dish that made us famous (D-list celebrity famous) pancakes, bacon, a 'not so' American proper British sausage, homestyle potatoes, fried eggs  $\mathcal{E}$  maple syrup (Veggie option available 1430 kcal)

## Blueberry Pancakes With Maple Syrup (v) 721 kcal.....

Stack of 3 fresh blueberry pancakes & maple syrup

Add Crispy Bacon 125 kcal

Add La Vie Bacon 48 kcal

2.50

Add Egg 67 kcal

1.50

10.00

## Pancakes, Cream

Locally world famous pancakes, fresh berries, lemon  $\mathcal{E}$  vanilla cream  $\mathcal{E}$  maple syrup

Please speak to a member of the team if you have a question about allergens. Please do ask us on every visit, as we may occasionally need to change our products and recipes. We use shared equipment to prepare our food and beverages, therefore we cannot guarantee they are allergen free. This includes NGCI, vegetarian and plant-based products that may come into contact with eggs and dairy. Our bakery products may contain traces of nuts, peanuts and food additives that might affect attention in children.

## **Caf Classics**

The Full Monty 1317 kcal......16.99

Bacon, sausage, crispy homestyle potatoes, Portobello mushrooms, hash brown, black pudding, baked beans, roasted cherry vine tomatoes, eggs & toast

3 crispy bacon, 2 sausages, 2 hash browns, 2 fried eggs & about 22 baked beans (give or take)

Plant based sausage, La Vie bacon, hash brown, fried eggs, Portobello mushrooms, roasted cherry vine tomatoes & baked beans.

(Plant-based option available using scrambled tahini tofu 713 kcal)

### Scrambled Eggs

Add Halloumi 384 kcal

Add Hash Browns 220 kcal 3.00

## **Benedicts**

2 hash browns, beans & toast

Add Hash Browns 220kcal or Homestyle Potatoes 280kcal for 3.00 with any Benedict

Crispy bacon, poached eggs  $\ensuremath{\mathcal{C}}$  hollandaise on a toasted English muffin

Smoked salmon, rocket, poached eggs & hollandaise on a toasted English muffin topped with salsa verde

#### Club Med

Fried halloumi, sun-dried tomatoes, avocado with red pesto hollandaise on a toasted English muffin

### Club Classics

Add Hash Browns 220kcal or Homestyle Potatoes 280kcal for 3.00 with any Club Classics Dish

Huevos Rancheros 1156 kcal......14.75

Chorizo, fried eggs (huevos), grilled quesadilla filled with Red Leicester cheese & topped with a chipotle and tomato sauce, black beans, avocado, sour cream, pico de gallo, roasted jalapeños & coriander

(Veggie option available using plant-based chorizo 1016 kcal)

Add Halloumi (v) 384 kcal 3.00

Smashed avocado, Mojo Picon, pico de gallo & spring onion on toasted sourdough with a poached egg, portobello mushrooms, plant based chorizo and cherry tomatoes

Add Crispy Bacon 125 kcal

Smashed Avocado &

Smashed avocado, Mojo Picon, pico de gallo & spring onion on toasted sourdough

Add Egg 67 kcal

Add Crispy Bacon 125 kcal2.50Add Halloumi (v) 384 kcal3.00Add Chorizo 262 kcal3.00

#### Bean Shakshouka &

Smoked Salmon &

Scrambled Eggs 823 kcal ......14.25

Soft scrambled eggs  $\mathcal E$  smoked salmon on sourdough toast with sea salt, black pepper  $\mathcal E$  lemon

SCAN HERE FOR MOBILE ORDERING



1.50

## Sandwiches

Add Hash Browns 220kcal or
Homestyle Potatoes 280kcal for 3.00
with any Sandwich

TBC Breakfast Burger 685 kcal ..... 9.95

A sausage patty with crispy bacon, American cheese, fried egg & ketchup

Avo, Egg & Cheese (v) 647 kcal...............................9.9
Chopped avocado, 2 egg omelette,

sunblush tomatoes, smoked applewood cheddar, caramelised onion and a chipotle  $\ensuremath{\mathcal{B}}$  harissa mayo

## Sides

 Fries (pb) 407 kcal
 4.25

 Homestyle Potatoes (pb) 378 kcal
 5.25

 With Mojo Picon
 5.25

 Hash Browns (pb) 347 kcal
 5.25

 With chipotle ketchup
 5.25

 Fresh Berries (pb) 35 kcal
 4.25

 Chunky Avocado (pb) 154 kcal
 4.25

 With pico de gallo
 2.25

### THE GOOD EGG

4.25

Beans (v) 85kcal .....

Smoky Harissa

The humble egg. So wonderful  $% \left( 1\right) =\left( 1\right) +\left( 1\right) =\left( 1\right) +\left( 1\right) +\left( 1\right) =\left( 1\right) +\left( 1\right$ 

Let's start with the age old question, what came first, the chicken or the egg?

Our eggs are handpicked and come from multi award-winning St Ewe, the Tonks family owned farm in Cornwall where the hens roam free as a (flightless) bird. The welfare of the hens (chickens) definitely comes first. If hens did spa weekends, this would be it.

# SECOMING THE NATION'S BEST LOVED CAF

London, 22nd of August 2005, about 2.30pm.

It's five years into the new Millennium –

nobody

has ever sent a tweet, avocado on toast is not a thing and James Blunt is telling everyone they're 'beautiful'

On a Soho side road called D'Arblay Street in London, a small, family owned, egg yolk yellow caf appeared. A teeny island oasis away from the wonderful mayhem and chaos of Soho.

The plan - well, kind of plan - a place that was about more than just the food and drink you put in your belly but the way it made you feel. A 'today is going to be a good day' start to your day in a place you want to take your friends.

Years later, The Breakfast Club is still family owned, it's still very much a caf, and the plan is still the plan. Good food and drink for all, served with a warm, arms wide open welcome.

Welcome to The Breakfast Club at St Pancras International Station.

Sincerely yours, The Breakfast Club

#### **PLANT BASED OPTIONS**

You'll see a few references to plant-based replacements on bacon, eggs and chorizo on this menu

Our 'made in house' (not in a factory) **chorizo** has all the flavours, non of the meat. With a sun-dried tomatoes, soya, smoked paprika, garlic, cumin and lemon. Trust us when we say this a 'stand on it's own two feet' tasty bit of food. Not just for the veggies and vegans

Not a fan of eggs? We've got a delicious tahini and turmeric based **scrambled tofu.** 

Then finally **La Vie Bacon**, in our humble opinion the best 'non bacon' bacon out there.

From 11am - close

## **LUNCH & DINNER**







#### Today Is Going To Be

## A GOOD DAY

## Sharing

Loaded Mojo Nachos 1497 kcal.....15.00

Buttermilk chicken, nacho chips, Mojo picon, black beans, sour cream, avocado, nacho cheese sauce, hot sauce, pickled onions and coriander

### **Club Classics**

Add Hash Browns 220kcal or Homestyle Potatoes 280kcal for 3.00 with any Club Classics Dish

#### Huevos Rancheros 1156 kcal.........14.75

Chorizo, fried eggs (huevos), grilled quesadilla filled with Red Leicester cheese & topped with a chipotle and tomato sauce, black beans, avocado, sour cream, pico de gallo, roasted jalapeños & coriander

(Veggie option available using plant-based chorizo 1016 kcal)

Add Fried Chicken 277 kcal 3.00 Add Halloumi (v) 384 kcal 3.00

## Bean Shakshouka &

Avo Toast (v) 642 kcal...

Poached eggs in a thick harissa, tomato and pepper sauce with sliced avo toast for dipping

13.00

Add Halloumi 384 kcal 3.00 Add Chorizo 262 kcal 3.00

Crispy bacon, poached eggs & hollandaise on a toasted English muffin

Grand Royale 643 kcal ......16.25

Smoked salmon, rocket, poached eggs & hollandaise on a toasted English muffin topped with salsa verde

#### Smoked Salmon & Scrambled Eggs 823 kcal.....14.25

Soft scrambled eggs  $\mathcal E$  smoked salmon on sourdough toast with sea salt, black pepper  $\mathcal E$  lemon

Add Chorizo 262 kcal 3.00

## **Burgers**

## Cheeseburger French Dip 1012 kcal .....

Add Extra Beef Patty 304 kcal 4.0 Add Crispy Bacon 125 kcal 2.5

Served with fries for soaking up the left-over gravy

#### Redefine Meat

Redefine Meat burger patty, cheese, caramelised onions, lettuce, house pickles, ketchup  $\ensuremath{\mathcal{B}}$  mustard in a brioche bun. Served with fries

#### 

Beef patty, crispy bacon, Applewood smoked cheddar, roasted jalapeños, pink pickled onions, smashed brown, chopped lettuce & Virgin Mary mayo in a brioche bun. Served with fries

## Nashville Fried Chicken & Ranch Burger 1399 kcal......16.75

Nashville style fried buttermilk chicken, house pickles, lettuce, ranch sauce & Nashville mayo in a brioche bun. Served with fries

## Sticky Korean Chicken

Crispy chicken in Korean BBQ sauce, jalapeños, ranch slaw and lettuce on a brioche bun.

Served with fries

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## **Pancakes**

#### The All American 1572 kcal 16.75

The dish that made us famous (D-list celebrity famous) pancakes, bacon, a 'not so' American proper British sausage, homestyle potatoes, fried eggs & maple Syrup. (Veggie option available 1430 kcal)

#### 

Stack of 3 fresh blueberry pancakes & maple syrup
Add Crispy Bacon 125 kcal
Add La Vie Bacon 48 kcal
2.50
Add Egg 67 kcal
1.50

#### 

Locally world famous pancakes, fresh berries, lemon & vanilla cream & maple syrup

## Deep-Fried Chocolicious Pancake Balls (v) 726 kcal .....

Mini doughnut style fried pancake balls, dusted in vanilla sugar served with a warm dark chocolate ganache

## **Caf Classics**

#### 

3 crispy bacon, 2 sausages, 2 hash browns, 2 fried eggs  $\mathcal B$  about 22 baked beans (give or take)

## The Full Monty 1317 kcal ......16.95

Bacon, sausage, crispy homestyle potatoes, Portobello mushrooms, hash brown, black pudding, baked beans, roasted cherry vine tomatoes, eggs  $\mathcal{B}$  toast

## Set Veggie #2 (v) 750 kcal.....14.2

Plant based sausage, La Vie bacon, hash brown, fried eggs, Portobello mushrooms, roasted cherry vine tomatoes  $\mathcal E$  baked beans

(Plant-based option available using scrambled tahini tofu 713 kcal)

## SCAN HERE FOR MOBILE ORDERING



## Fried Chicken Plates

## Fried Chicken

Rancheros 1449 kcal 16.7

Buttermilk fried chicken, fried eggs, grilled quesadilla filled with Red Leicester cheese  $\mathcal E$  topped with a chipotle  $\mathcal E$  tomato sauce, black beans, avocado, sour cream, pico de gallo, roasted jalapeños  $\mathcal E$  coriander

## Winner Winner Chicken

3 pieces of golden buttermilk fried chicken in TBC house recipe spices. Served with fries, ranch slaw and dipping gravy

#### Nashville Fried Chicken Benedict 1070 kcal......16.00

Nashville style fried buttermilk chicken with roasted jalapeños and pickles, topped with poached eggs & a harissa cheese sauce on a toasted English muffin

## Fried Chicken,

Bacon & Pancakes 1169 kcal......17.00

Pancakes, buttermilk fried chicken, crispy bacon, fried egg and gravy

### Chicken Caesar

Arguably the greatest salad ever invented. Ours is a buttermilk chicken version with some added fried capers and cherry tomatoes

Add Crispy Bacon 125 kcal

2.50

4.25

## Sides

Smoky Harissa

Beans (v) 85 kcal ......

Fries (pb) 407 kcal	4.25
Homestyle Potatoes (pb) 378 kcal With Mojo Picon	5.25
Hash Browns (pb) 347 kcal	5.25
Chunky Avocado (pb) 154 kcal With pico de gallo	4.25
<b>Toast</b> (v) 352 kcal	2.25

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