MENU







SMASHED AVO TOASTS

Smashed avocado, moio picon, pico de gallo & spring onion on

toasted sourdough. Served with any two items from below (pb)

Today Is Going To Be A GOOD DAY

EGGS ALL DAY

Your choice of eggs. Served with thick cut sourdough toast, butter & any

FRIED Golden yolks, perfect whites, sunny side up. Joy on a plate. **SCRAMBLED** Soft, fluffy, a few laps around the pan. POACHED Two tidy white pouches, oozing golden yolk heaven PLANT BASED Scrambled tahini turmeric tofu

CRISPY BACON (LA VIE BACON AVAILABLE) | PORK & LEEK SAUSAGE | THIS ISN'T PORK SAUSAGE BC BEANS | ROASTED CHERRY TOMATOES | AVOCADO | HASH BROWNS PORTOBELLO MUSHROOMS | HALOUMI | CHORIZO (VEGAN CHORIZO AVAILABLE)

Each additional item 2.50



PANCAKE PLATES

2 fluffy pancakes, whipped butter and maple syrup with any two items from the list below. Plant based pancakes available, just ask.

SAVOURY

SWEET

STRAWBERRIES BLUEBERRY COMPOTE VANILLA CREAM CHOCOLATE GANACHE **WARM APPLE & CINNAMON**

CRISPY BACON LA VIE BACON PORK & LEEK SAUSAGE THIS ISN'T PORK SAUSAGE

Each additional item 2.50 HASH BROWNS

Each additional item 2.50

ROASTED CHERRY TOMATOES | MUSHROOMS



Club Classics

Chorizo (choose vegan or meat), fried eggs (huevos), grilled quesadilla filled with red Leicester cheese & topped with a chipotle and tomato sauce, black beans, avocado, sour cream, pico de gallo, roasted jalapeños $\mathcal E$ coriander

Huevos Rancheros but changing chorizo for golden buttermilk fried chicken

Bean Shakshouka & Avo Toast (v)13.00

Poached eggs in a thick harissa, bean, tomato and pepper sauce with sliced avo toast for dipping

PB available with no poached eggs 11.00 Add Chorizo 2.50 | Add Haloumi 2.50

Fried Chicken, Bacon & Waffles 16.75

Freshly baked buttermilk waffle, golden buttermilk fried chicken, crispy bacon, fried egg $\mathcal E$ gravy

Smoked Salmon &

Soft scrambled eggs & smoked salmon on sourdough toast with sea salt, black pepper $\ensuremath{\mathcal{E}}$ lemon



The humble egg. So wonderful when done to get wrong

Let's start with the age old question, what came first, the Chicken or the Egg? Our eggs are hand-picked and come from multi-award-winning St Ewe, the Tonks family owned farm in Cornwall where the hens roam free as a (flightless) bird. The welfare of the hens (chickens) definitely comes first.

If hens did spa weekends, this would be it.

Caf Classics

Bacon, sausage, crispy homestyle potatoes, portobello mushrooms, hash brown, black pudding, house-made BC beans, roasted cherry vine tomatoes, eggs & toast

3 crispy bacon, 2 sausage, 2 hash brown, 2 fried eggs & beans

Veggie Spoon (v)14.00

2 La Vie veggie bacon, 2 veggie sausage, mushrooms, hash browns, house-made BC beans, tomatoes $\ensuremath{\mathcal{C}}$ fried eggs PB available with scrambled tofu

Pancakes

Pancakes, Cream & Berries (v)14.25

A stack of 3 locally world famous pancakes, loaded with fresh berries, lemon ${\mathcal E}$ vanilla cream ${\mathcal E}$ maple syrup

The dish that made us famous (D-list celebrity famous) Pancakes, bacon, a 'not so' American proper British sausage, homestyle potatoes, fried eggs & maple syrup

Blueberry Pancakes (v or PB available) 10.00

3 stack of fresh blueberry pancakes with maple syrup (PB pancakes available, just ask)

Add cripsy bacon 2.50 | Add la vie vegan bacon 2.50

Triple stack of pancakes, crispy bacon, hash browns, sausage patty, cheese, caramelised onions $\mathcal E$ a fried egg

Benedicts

Add two hash browns or homestyle potatoes for 3.00 with any benedict

Crispy bacon, poached eggs & hollandaise on a toasted English muffin

Smoked salmon, rocket, poached eggs & tartare hollandaise on a toasted English muffin

Fried haloumi, poached eggs, sun-dried tomatoes, avocado, red pesto hollandaise on a toasted English muffin

Sandwiches

All served in a warm, soft brioche bun Add two hash browns or homestyle potatoes for 3.00 with any sandwich

TBC Breakfast Burger9.95

A sausage patty with crispy bacon, American cheese, fried egg & ketchup

Chopped avocado, 2 egg omelette, sunblush tomatoes, aged Red Leicester, caramelised onion and a chipotle $\ensuremath{\mathcal{E}}$ harissa mayo

Please inform your server of any allergies

Unfortunately, it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our busy kitchens.

Scan here to leave feedback. The good, the bad & the ugly



Scan here for calories or just trust your instinct



Sides

Fries (PB)	5
House-made BC Beans (PB)4.2	5
Harissa Cheese Fries 5.29	5
Homestyle Potatoes (PB) 4.29	5
Mojo Picon Potatoes (PB)	5
French Toast Dip (v)	5
Hash Browns (PB) 5.29 With chipotle ketchup	5
Fresh Berries (PB)	5
Chunky Avocado (PB)	5
Thick Cut Sourdough Toast (PB) 2.29	5

FOOD FOR SHARING

Chocolicious Pancake Balls (v)

Mini doughnut style fried pancake balls, dusted in vanilla sugar served with a warm dark chocolate ganache 6.50

French Toast Dip (v)

French toast fingers (eggy bread) with maple syrup dip **5.75**

Hash Browns & Dips (v)

6 hash browns & 2 dips 7.00 9 hash browns & 3 dips 9.00

Chipotle Ketchup | Virgin Mary Mayo | Cheese Sauce Mojo Picon | Chipotle & Harissa Mayo

SECOMING THE NATION OF

The Breakfast Club **Get-Togethers**

The problem with a place like The Breakfast Club with it's oat flat whites and avocado toast is it can feel quite intimidating to your average 85 year old Islington pensioner. Our 'get togethers' are events held across The Breakfast Club where we host local community groups in our cafs for teal cake and a Prosecco or two! It's a social occasion that brings people together who often live alone and helps them build deep lasting relationships with each other and with our team.

Our team lead the events and spend a couple of hours eating, drinking and chatting with groups of older people from all walks of life local to our cafs. Whether it's Islington Pensioners or the older LGBTOIA+ community right here in Soho.



There's our annual Christmas knees up for turkey, party frocks, carol singing and a few risqué party games. Age is not a barrier to a filthy sense of humour.

This is a community program with depth, substance and heart. It's integral to our mission to become The Nation's Best Loved Caf.

PLANT BASED OPTIONS

You'll see a few references to vegan replacements on bacon, eggs and chorizo on this menu.

Our 'made in house' (not in a factory) **chorizo** has all the flavours, none of the meat. With sundried tomatoes, soya, smoked paprika, garlic, cumin $\mathcal E$ lemon. Trust us when we say this a 'stand on it's own two feet' tasty bit of food. Not just for the veggies and vegans.

Not a fan of eggs? We've got a delicious tahini and turmeric based scrambled tofu.

 $This\ Isn't\ Pork\ Sausage,$ the classic breakfast banger

Then finally La Vie Bacon, in our humble opinion the best 'non bacon' bacon out there.