## **MENU**







## Today Is Going To Be A GOOD DAY

## **EGGS ALL DAY**



Your choice of eggs. Served with thick cut sourdough toast, butter & any two items to your right

Golden yolks, perfect whites, sunny side up. Joy on a plate.

**SCRAMBLED** Soft, fluffy, a few laps around the pan.

**POACHED** Two tidy white pouches, oozing golden yolk heaven PLANT BASED Scrambled tahini turmeric tofu

Just eggs on toast today? 7.50



CRISPY BACON (LA VIE BACON AVAILABLE) PORK & LEEK SAUSAGE | HOUSE-MADE BC BEANS **ROASTED CHERRY TOMATOES | HASH BROWNS** PORTOBELLO MUSHROOMS | AVOCADO

Each additional item 2.50

## **PANCAKE PLATES**



2 fluffy pancakes, whipped butter and maple syrup with any two items from the list on the right

Plant based pancakes available

### **SWEET**

#### **SAVOURY**

STRAWBERRIES EGG **CRISPY BACON** BLUEBERRY COMPOTE VANILLA CREAM LA VIE BACON CHOCOLATE GANACHE **PORK & LEEK SAUSAGE WARM APPLE & CINNAMON** HASH BROWNS

Each additional item 2.50

### Club Classics

#### Smashed Avocado & Mojo Picon (PB) ...9.50

Smashed avocado, mojo picon, pico de gallo & spring onion on toasted sourdough

Add chorizo 2.50 | add haloumi 2.50 Add egg 1.50 | add vegan chorizo 2.50 Add crispy bacon 2.50 | add la vie bacon 2.50

### 

Chorizo (choose vegan or meat), fried eggs (huevos), grilled quesadilla filled with red Leicester cheese & topped with a chipotle and tomato sauce, black beans, avocado, sour cream, pico de gallo, roasted jalapeños  $\ensuremath{\mathcal{E}}$  coriander

### 

Huevos Rancheros but changing chorizo for golden buttermilk fried chicken

### Bean Shakshouka & Avo Toast (v) ......13.00

Poached eggs in a thick harissa, bean, tomato and pepper sauce with sliced avo toast for dipping

Add chorizo 2.50 | add haloumi 2.50

#### Fried Chicken, Bacon & Waffles ...... 16.75

Freshly baked buttermilk waffle, golden buttermilk fried chicken, crispy bacon, fried egg  $\ensuremath{\mathcal{C}}$  gravy

#### Smoked Salmon &

Soft scrambled eggs & smoked salmon on sourdough toast with sea salt, black pepper & lemon

Scan here to leave feedback. The good, the bad & the ugly



Scan here for calories or just trust your instinct



### Caf Classics

### The Full Monty ...... 16.95

Bacon, sausage, crispy homestyle potatoes, portobello mushrooms, hash brown, black pudding, house-made BC beans, roasted cherry vine tomatoes, eggs & toast

#### 3 crispy bacon, 2 sausage, 2 hash brown, 2 fried

eggs & beans

### 

3 La Vie veggie bacon, mushrooms, hash browns, house-made BC beans, tomatoes & fried eggs

### Pancakes

#### Pancakes, Cream & Berries (v) ............14.25

A stack of 3 locally world famous pancakes, loaded with fresh berries, lemon  $\mathcal E$  vanilla cream  $\mathcal E$  maple syrup

#### 

The dish that made us famous (D-list celebrity famous) Pancakes, bacon, a 'not so' American proper British sausage, homestyle potatoes, fried eggs  $\mathcal E$  maple syrup

#### Blueberry Pancakes (v or PB available)

Fresh blueberry pancakes with whipped butter &maple syrup

2 blueberry pancakes ..... 

The humble egg. So wonderful when done right, so easy to

Let's start with the age old question, what came first, the Chicken or the Egg? Our eggs are hand-picked and come from multi-award-winning St Ewe, the Tonks family owned farm in Cornwall where the hens roam free as a (flightless) If hens did spa weekends, this would be it.

### **Benedicts**

Add two hash browns or homestyle potatoes for 3.00 with any benedict

### 

Crispy bacon, poached eggs  $\mathcal E$  hollandaise on a toasted English muffin

### 

Smoked salmon, rocket, poached eggs & tartare hollandaise on a toasted English muffin

### Club Med Benedict (v) ......15.25

Fried haloumi, poached egg, sun-dried tomatoes, avocado with red pesto hollandaise on a toasted English muffin

### Sandwiches

All served in a warm, soft brioche bun Add two hash browns or homestyle potatoes for 3.00 with any sandwich



### TBC Breakfast Burger .....

A sausage patty with crispy bacon, American cheese, fried egg & ketchup

#### Bacon, Avo & Applewood Smoked Cheddar (v available)

Crispy bacon, chopped avocado, applewood smoked cheddar & smashed brown with roast jalapeños, pink pickled onions & BC's very own Virgin Mary mayo

## 

Chopped avocado, 2 egg omelette, sunblush tomatoes, aged Red Leicester, caramelised onion and a chipotle  $\ensuremath{\mathcal{E}}$ harissa mayo

> Please inform your server of any allergies or intolerances before you order

Unfortunately, it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our busy kitchens.

### Sides

Fries (PB)	4.25
House-made BC Beans (PB)	4.25
Harissa Cheese Fries	5.25
Homestyle Potatoes (PB)	4.25
	5.25
French Toast Dip (v)	5.75
Hash Browns (PB) With chipotle ketchup	5.25
Fresh Berries (PB)	4.25
Chunky Avocado (PB) With pico de gallo	4.25
Thick Cut Sourdough Toast (PB)	2.25

### **FOOD FOR SHARING**

### Chocolicious Pancake Balls (v)

Mini doughnut style fried pancake balls, dusted in vanilla sugar served with a warm dark chocolate ganache 6.50

#### French Toast Dip (v)

French toast fingers (eggy bread) with maple syrup dip **5.75** 

#### Hash Browns & Dips (v)

6 hash browns & 2 dips 7.00

9 hash browns & 3 dips 9.00

Chipotle Ketchup | Virgin Mary Mayo | Cheese Sauce Mojo Picon | Chipotle & Harissa Mayo

# SECOMING THE NATIONS BEST LOVED CAF

### The Breakfast Club **Get-Togethers**

The problem with a place like The Breakfast Club with it's oat flat whites and avocado toast is it can feel quite intimidating to your average 85 year old Islington pensioner. Our 'get togethers' are events held across The Breakfast Club where we host local community groups in our cafs for tea, cake and a Prosecco or two! It's a social occasion that brings people together who often live alone and helps them build deep lasting relationships with each other and with our team.

Our team lead the events and spend a couple of hours eating, drinking and chatting with groups of older people from all walks of life local to our cafs. Whether it's Islington Pensioners or the older Brighton LGBTQ+



There's our annual Christmas knees up for turkey, party frocks, carol singing and a few risqué party games. Age is not a barrier to a filthy sense of humour.

This is a community program with depth, substance and heart. It's integral to our mission to become The Nation's Best Loved Caf.

### **PLANT BASED OPTIONS**

You'll see a few references to vegan replacements on bacon, eggs and chorizo on this menu.

Our 'made in house' (not in a factory) chorizo has all the flavours, none of the meat. With sun-dried tomatoes. soya, smoked paprika, garlic, cumin & lemon. Trust us when we say this a 'stand on it's own two feet' tasty bit of food. Not just for the veggies and vegans.

Not a fan of eggs? We've got a delicious tahini and  $turmeric\ based\ \textbf{scrambled}\ \textbf{tofu}.$ 

Then finally  $L\alpha$   $\mbox{\sc Vie Bacon},$  in our humble opinion the best 'non bacon' bacon out there.