

From open - till close  
**BREAKFAST & LUNCH**



Today Is Going To Be  
**A GOOD DAY**

**Breakfast Specials**

Available from open till 12pm

**Smashed Avocado on Toast (ve)** ..... 9.00  
Smashed avocado, mojo picon, pico de gallo & spring onion on toasted sourdough  
Add Chorizo 2.50 | Add Haloumi 2.50 | Add Egg 1.50  
Add Vegan Chorizo 2.50 | Add Crispy Bacon 2.00

**Scrambled Eggs on Toast (v or ve)** ..... 7.50  
Soft scrambled eggs on lightly buttered toasted sourdough. Switch up to fried, poached or scrambled tahini tofu (ve) if you fancy  
Add Crispy Bacon 2.00 | Add Vegan Chorizo 2.50  
Add Avocado 4.00

**Blueberry Pancakes (v or ve available)**  
2 pancakes, whipped butter & maple syrup ..... 7.00  
2 pancakes, 2 bacon, maple syrup ..... 8.00

**Brekky #1** ..... 9.00  
1 sausage, 2 crispy bacon, 1 fried egg, 2 hash browns, beans & toast

**Sandwiches**

All served in a warm, soft brioche bun  
Add Two Hash Browns OR Homestyle Potatoes for 3.00 with any sandwich



**TBC Breakfast Burger** ..... 9.95  
A sausage patty with crispy bacon, American cheese, fried egg & ketchup

**Bacon, Avo, & Applewood Smoked Cheddar (v available)** ..... 9.95  
Crispy bacon, chopped avocado, applewood smoked cheddar & smashed brown with roast jalapenos, pink pickled onions & BC's very own Virgin Mary mayo

**Avo, Egg & Cheese (v)** ..... 9.95  
Chopped avocado, 2 egg omelette, sunblush tomatoes, aged Red Leicester, caramelised onion and a chipotle & harissa mayo

**Sausage, Egg & Applewood** ..... 9.95  
Sausage patty with applewood smoked cheddar, a fried egg, hash brown and a smokey BBQ pimped HP sauce

**Caf Classics**

**The Greasy Spoon** ..... 13.00  
3 crispy bacon, 2 sausage, 2 hash brown, 2 fried eggs, beans & toast

**The Full Monty** ..... 18.00  
Bacon, sausage, crispy homestyle potatoes, portobello mushrooms, hash browns, black pudding, homemade BC beans, roasted cherry vine tomatoes, eggs & toast

**Set Veggie #2 (v or ve)** ..... 14.00  
Vegan sausage, vegan bacon, hash brown, fried eggs (ve switch to scrambled tahini tofu), Portobello mushrooms, roasted tomatoes, BC beans & toast

**Pancakes**

**The All American** ..... 18.00  
The dish that made us famous (D-list celebrity famous)  
Pancakes, bacon, a 'not so' American proper British sausage, homestyle potatoes, fried eggs & maple syrup  
Veggie & Vegan available

**Big Stack** ..... 16.00  
Triple stack of pancakes, crispy bacon, hash browns, sausage patty, cheese, caramelised onions & a fried egg

**Pancakes, Cream & Berries (v or ve)** ..... 14.00  
Locally world famous pancakes, fresh berries, lemon & vanilla cream & maple syrup

**Blueberry Pancakes & Bacon (v or ve available)**  
2 pancakes, 2 bacon, maple syrup ..... 8.00  
3 pancakes, 4 bacon, maple syrup ..... 13.00

**FOOD FOR SHARING**

**Chocolicious Pancake Balls (v)**  
Mini doughnut style fried pancake balls, dusted in vanilla sugar served with a warm dark chocolate ganache 6.00

**French Toast Dip (v)**  
French toast fingers (eggy bread) with maple syrup dip 5.00

Please inform your server of any allergies or intolerances before you order.

Unfortunately, it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our busy kitchens.

**Benedicts**

Available from open till 12pm  
Add Homestyle Potatoes for 3.00  
**Eggs Benedict (v available)** ..... 13.00  
Crispy bacon, poached eggs & hollandaise on a toasted English muffin

**Grand Royale** ..... 16.00  
Smoked salmon, rocket, poached eggs & tartare hollandaise on a toasted English muffin

**Truffle Mushroom Benedict (v)** ..... 14.00  
Portobello mushrooms, poached eggs & truffle hollandaise on a toasted English muffin

**Fried Chicken Plates**

**Fried Chicken French Toast** ..... 17.00  
Stacked thick cut brioche French toast, buttermilk fried chicken, pink pickled onions, sour cream, spring onions & maple syrup

**Fried Chicken Rancheros** ..... 16.50  
Buttermilk fried chicken, fried eggs, grilled quesadilla filled with red Leicester cheese & topped with a chipotle and tomato sauce, black beans, avocado, sour cream, pico de gallo, roasted jalapeños & coriander

**Fried Chicken Bacon & Waffles** ..... 17.00  
Freshly baked buttermilk waffle, southern fried chicken, crispy bacon, fried egg & gravy

**Club Classics**

**Huevos Rancheros (v available)** ..... 14.50  
Chorizo (choose veggie or meat), fried eggs (huevos), grilled quesadilla filled with red Leicester cheese & topped with a chipotle and tomato sauce, black beans, avocado, sour cream, pico de gallo, roasted jalapeños & coriander

**Breakfast Burrito (v available)** ..... 11.00  
Chorizo (meat or make veggie with our in-house vegan chorizo), avocado, egg, harissa tomato beans, cheese, sour cream, pico de gallo, jalapeños and hot sauce

**Smoked Salmon & Scrambled Eggs** ..... 14.00  
Soft scrambled eggs & smoked salmon on sourdough toast with sea salt, black pepper & lemon

Scan here to leave feedback  
The good, the bad & the ugly



**LUNCH SPECIALS**  
FROM 12PM

**Cheeseburger French Dip**  
Our greatest ever cheeseburger in a brioche bun and a side of rich gravy for dipping, dunking and diving. Swap out the meat for our 'Redefine Meat' patty (ve available) 10.00

**Philly Cheesesteak**  
Steak, green peppers, caramelised onions, three cheese sauce & American mustard, in toasted sourdough 14.50

**Chicken Caesar Salad**  
Arguably the greatest salad ever invented. Ours is a classic grilled chicken version with some added fried capers and cherry tomatoes 12.50

**Nashville Fried Chicken Benedict**  
Nashville style fried buttermilk chicken with house pickles, poached eggs & a harissa cheese sauce on a toasted English muffin 16.00

**Ham, Egg & Chips Benedict**  
Smoked gammon, crunchy shoestring fries poached eggs, topped with a tabasco hollandaise, on a toasted English muffin (v available) 15.00

**Winner Winner Fried Chicken Dinner**

3 pieces of golden buttermilk fried chicken in TBC's house recipe spices  
With 2 sides and gravy 14.50  
Choice of Chicken Dinner sides:  
Fries | Waffles | Corn Ribs | House Slaw  
Hash Browns | Smoky Chorizo Beans  
Avocado & Pico



The humble egg. So wonderful when done right, so easy to get wrong.

Let's start with the age old question, what came first, the Chicken or the Egg? Our eggs are handpicked and come from multi award-winning St Ewe, the Tonks family owned farm in Cornwall where the hens roam free as a (flightless) bird. The welfare of the hens (chickens) definitely comes first. If hens did spa weekends, this would be it.

It could all still go horribly wrong. But here's why it doesn't. Every fried egg is fried in its own teeny weeny individual pan. The scrambled eggs - just eggs and butter, nothing more. Don't worry about egg poaching nightmares, over the years we've poached millions - you're in the hands of professionals here.

There you go. Stick your fork in, release the Egg Porn.

**Sides**

- Fries (ve) ..... 4.00
- Harissa Cheese Fries (v) ..... 5.00
- Corn Ribs (ve) ..... 4.00
- House Slaw (v) ..... 4.00
- Homestyle Potatoes (ve) ..... 5.00  
With mojo picon
- Smoky Chorizo Beans ..... 4.00
- Hash Browns (ve) ..... 5.00  
With chipotle ketchup
- Chunky Avocado (ve) ..... 4.00  
With pico de gallo
- French Toast (v) ..... 5.00  
With maple syrup
- Fresh Berries (ve) ..... 4.00
- Toast (ve) ..... 3.00

**BECOMING THE NATION'S BEST LOVED CAF**

**The Breakfast Club Get-Togethers**

The problem with a place like The Breakfast Club with its oat flat whites and avocado toast is it can feel quite intimidating to your average 85 year old Islington pensioner. Our 'get togethers' are events held across The Breakfast Club where we host local community groups in our cafes for tea, cake and a Prosecco or two! It's a social occasion that brings people together who often live alone and helps them build deep lasting relationships with each other and with our team.

Our team lead the events and spend a couple of hours eating, drinking and chatting with groups of older people from all walks of life local to our cafes. Whether it's Islington Pensioners or the older Brighton LGBTQ+ community



There's our annual Christmas knees up for turkey, party frocks, carol singing and a few risqué party games. Age is not a barrier to a filthy sense of humour.

This is a community program with depth, substance and heart. It's integral to our mission to become The Nation's Best Loved Caf.

Scan here for calories

