BREAKFAST & LUNCH







Today Is Going To Be A GOOD DAY

Breakfast Specials

AVAILABLE FROM OPEN TILL 12PM

Smashed Avocado & Mojo Picon (ve) ... 8.50 Smashed avocado, mojo picon, pico de gallo & spring onion on toasted sourdough

Add Chorizo 2.50 | Add Haloumi 2.50 | Add Egg 1.50 Add Vegan Chorizo 2.50 | Add Crispy Bacon 4.00

Scrambled Eggs On Toast (v or ve) 7.00

Soft scrambled eggs on lightly buttered toasted sourdough. Switch up to fried, poached or scrambled tahini tofu (ve) if you fancy

Add Crispy Bacon 4.00 | Add Vegan Chorizo 2.50 Add Avocado 4.00

2 fresh blueberry pancakes with butter $\ensuremath{\mathcal{C}}$ maple syrup Add Egg 1.50 | Add Crispy Bacon 4.00 Add Ice-Cream 1.50

McLovin' (V available) 8.00

A pancake stackwich with bacon OR sausage patty, fried egg and cheese

Small Fry 9.00

Sausage, crispy bacon, fried egg, two hash browns & beans

10.00

CLUB BREAKFAST COMBO



Breakfast Special PLUS a Hot Drink



MON - FRI FROM OPEN TILL 12PM

Please inform your server of any allergies or intolerances before you order.

Unfortunately, it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our busy kitchens.

Club Classics

Smoked Salmon & Scrambled Eggs. 13.00

Soft scrambled eggs & smoked salmon on sourdough toast with sea salt, black pepper & lemon

Huevos Rancheros (V available)......

Chorizo (choose vegan or meat), fried eggs (huevos), grilled quesadilla filled with red Leicester cheese & topped with a chipotle and tomato sauce, black beans, avocado, sour cream, pico de gallo, roasted jalapeños & coriander

Avocado mojo picon toast, vegan chorizo, fried egg (ve switch to scrambled tahini tofu), homemade BC beans, Portobello mushrooms & cherry tomatoes

Chopped avocado, spicy mojo picon rice, cheese, sour cream, piquillo peppers, jalapeños, pico de gallo ${\mathcal E}$ vegan chorizo in a toasted tortilla. VE switch with vegan sour cream & cheese. Swap Vegan Chorizo for Chorizo or Chicken +£2.

6.00 Deep-fried

CHOCOLICIOUS PANCAKE BALLS

Mini doughnut style fried pancake balls, dusted in vanilla sugar served with a warm dark chocolate ganache (v)

Pancakes

The dish that made us famous (D-list celebrity famous) Pancakes, bacon, a 'not so' American proper British sausage, homestyle potatoes, fried eggs $\ensuremath{\mathcal{C}}$ maple syrup Veggie & Vegan available

Triple stack of pancakes, crispy bacon, hash browns, sausage patty, cheese, caramelised onions & a fried egg

Pancakes, Cream & Berries (v or ve) 13.00

Locally world famous pancakes, fresh berries, lemon & vanilla cream & maple syrup Vegan available

Blueberry Pancakes & Bacon (V available) 13.00

3 stack of fresh blueberry pancakes, crispy bacon $\ensuremath{\mathcal{C}}$ maple syrup

Renedicts

Crispy bacon, poached eggs $\ensuremath{\mathcal{E}}$ hollandaise on a toasted

Nashville Fried Chicken _______15.00 Benedict

Nashville style fried buttermilk chicken with house pickles, topped with poached eggs & a harissa cheese sauce on a toasted English muffin

Smoked salmon, rocket, poached eggs $\ensuremath{\mathcal{C}}$ tartare hollandaise on a toasted English muffin

Truffle Mushroom 13.00 Benedict (v)

Portobello mushrooms, poached eggs & truffle hollandaise on a toasted English muffin

Caf Classics

The Full Monty 17.00

Bacon, sausage, crispy homestyle potatoes, portobello mushrooms, hash browns, black pudding, homemade BC beans, roasted cherry vine tomatoes, eggs & toast

3 crispy bacon, 2 sausage, 2 hash brown, 2 fried eggs & about 22 baked beans (give or take)

Our veggie & vegan fry-up. Redefine Meat sausage, La Vie bacon, tattie scones, homemade BC beans, scrambled tahini tofu (v switch to eggs), mushrooms &roasted tomatoes

Vegan sausage, vegan bacon, hash brown, fried eggs (ve switch to scrambled tahini tofu), Portobello mushrooms, roasted tomatoes $\mathcal E$ baked beans

YOUNG AT HEART

15% off any dish for 65s & overs

If you're lucky enough to look under 60, please be prepared to show ID



Fried Chicken Plates

Fried Chicken French Toast ...

Stacked thick cut brioche French toast, buttermilk fried chicken, pickled red cabbage, pink pickled onions, sour cream, spring onions & maple syrup

Fried Chicken, Bacon & Waffles14.00

Freshly baked buttermilk waffle, southern fried chicken, crispy bacon, fried egg & gravy

Buttermilk fried chicken, fried eggs, grilled quesadilla filled with red Leicester cheese $\ensuremath{\mathcal{B}}$ topped with a chipotle & tomato sauce, black beans, avocado, sour cream, pico de gallo, roasted jalapeños & coriander

Sandwiches

TBC Breakfast Burger...... 11.00

Sausage patty, crispy bacon, fried egg, cheese, ketchup in a sourdough ciabatta

Avo, Egg & Cheese Sandwich (v) 11.00

Chunky avocado, soft scrambled eggs, aged red Leicester, caramelised onions, sunblush tomatoes, smokey chipotle $\ensuremath{\mathcal{C}}$ harissa mayo in a warm soft bun

Sider

Fries (ve)	4.00
Harissa Cheese Fries (v)	5.00
Homestyle Potatoes (ve) With Mojo Picon	5.00
French Toast (v)	5.00
Hash Browns (ve)	5.00
Fresh Berries (ve)	4.00
Toast (ve)	3.00
Chunky Avocado (ve)	4.00

SCAN HERE FOR CALORIES





BECOMING THE NATION'S BEST LOVED CAF

THE BREAKFAST CLUB GET-TOGETHERS

The problem with a place like The Breakfast Club with its oat flat whites and avocado toast is it can feel quite intimidating to your average 85 year old Islington pensioner. Our 'get togethers' are events held across The Breakfast Club where we host local community groups in our cafs for teal cake and a Prosecco or two! It's a social occasion that brings people together who often live alone and helps them build deep lasting relationships with each other and with our team

Our team lead the events and spend a couple of hours eating, drinking and chatting with groups of older people from all walks of life local to our cafs. Whether it's Islington Pensioners or the older Brighton LGBTQ+ community.

There's our annual Christmas knees up for turkey, party frocks, carol singing and a few risqué party games. Age is not a barrier to a filthy sense of humour.

This is a community program with depth, substance and heart. It's integral to our mission to become The Nation's Best Loved Caf.



The humble egg. So wonderful when done right so easy to get wrong.

Let's start with the age old question, what came first, the Chicken or the Egg? Our eggs are handpicked and come from multi award-winning St Ewe, the Tonks family owned farm in Cornwall where the hens roam free as a (flightless) bird. The welfare of the hens (chickens) definitely comes first. If hens did spa weekends, this would be it.

It could all still go horribly wrong. But here's why it doesn't. Every fried egg is fried in its own teeny weeny individual pan. The scrambled eggs - just eggs and butter, nothing more. Don't worry about egg poaching nightmares, over the years we've poached millions - you're in the hands of professionals here.

There you go. Stick your fork in, release the Egg Porn